

Letter to Spartan Football Parents From Head Coach Andy Grogg

Dear Spartan Football Parents:

The Spartan Football Program is making a commitment to get bigger, faster, and stronger for future seasons.

This is a tremendous commitment. Players, parents, and coaches must work together to help make this the best football program in West Virginia. We can achieve this goal if we all work together.

The success of our football program will depend on what we do from now until July 31. We need to get faster and stronger. We need to get in the weight room.

We have 164 workout days until August 1. We must make the best of these few days. As a coach, I want our parents to have their sons attend these workouts. Football games are won and lost in the off-season, which is why a strong commitment to the weight room is so important.

Next year, Greenbrier East will play the toughest football schedule in school history. We must get stronger and faster!

Parents, we need your help. Make a commitment. Help make your son the best football player he can be. Nothing comes free or easy in life, and the commitment we make now as coaches, players, and parents will pay off in the future.

The 2005 football season starts now! Please join us.

Andy Grogg
Head Football Coach